

# HUMANITARIAN MEDICAL AID FOR UKRAINE

## I. TACTICAL/MEDICAL SUPPLIES (TOP PRIORITY)

### 1.1. Utmost priority:

- IFAK kits (medical tactical backpacks)

### 1.2. Other TOP-priority

- Backpacks 10 x 19 x 14 (approximately size)
- Bandage Strips, 1"x3"
- Big Cinch Abdominal Bandage
- Burn Aid - water gel burn dressing 4x16
- Burn Aid - water gel burn dressing 4x4
- Butterfly Strips
- Cervical Collar
- CPR Mask
- Cravat Bandage (CamoVat)
- Dynarex Medicut Sterile Disposable Scalpels #10
- EMT Shears
- Eye Wash, 4oz.
- IV Catheter 18 G
- IV Catheter 20 G
- IV Catheter 22 G
- IV Starter Kits
- Medical Adhesive tape rolls (2 - 3" inches)
- Multi Trauma Dressings, 12"x30"
- Pain Relievers - Ibuprofen or Acetaminophen, or both
- Pair of Tweezers
- Safety Pins
- Stainless Steel Hemostats
- Sutures needle size 6
- The emergency (Israeli Battle Dressing) Compression Bandages
- Tongue Depressors
- Triple Antibiotic Ointment (full size)

## II. HOSPITAL NEEDS

- Abdominal pad (sometimes "ab pad"), 5" x 9" (2x)
- Acetaminophen / Tylenol
- Adhesive bandages (Band-Aids) in several sizes
- Adhesive tape



- Aluminum splint, 36"
- Ambu bags
- Antibacterial ointment
- Antibiotics: Zosyn and Unasyn iv, vancomycin iv,
- Antiseptic wipes
- Aspirin / Bayer
- Butterfly bandages, 0.5" x 2.75" (16x)
- Caffeine pills
- Central venous catheter kit
- Chest seals (1 pair)
- Coban roll, standard 2" x 5 yards
- Cravat / triangular bandage, 45" x 45" x 63"
- Diphenhydramine / Benadryl
- Doxycycline and/or Bactrim antibiotics
- Dressing materials, include dry or impregnated gauze,
- Elastic bandage
- Elastic wrap / ACE bandage, standard 4" x 5 yards
- Emergency blanket (2x)
- Fluids: IVF (nss 09%, LR, d5nss)
- Gauze pads, 4" x 4" (6x)
- Gels, foams, hydrocolloids, alginates, hydrogels, and polysaccharide pastes, sutures
- Gloves
- Gloves (2 pairs)
- Hydrocortisone cream (1%),
- Ibuprofen / Advil
- Irrigation syringe, 20cc with an 18 gauge tip
- IV catheters
- Laryngeal Tube
- Loperamide / Imodium
- Miconazole
- Moleskin, 5" x 2" strip
- Mouthpiece for giving CPR
- Nasopharyngeal airway
- Needle & thread stored in isopropyl alcohol (2x needle/thread, 1x small container)
- Pepto-Bismol pills
- Plastic cling wrap, 2" wide roll
- Plastic films
- Portable ventilators
- Pressure dressing
- Rolled gauze, standard 4.5" x 4 yards
- Safety pins (3x, various sizes)
- Saline eye drops
- Silk medical tape roll, 1" wide
- Tourniquet



- Trauma shears
- Tweezers
- White petroleum jelly / Vaseline in small container
- Z-fold gauze, standard 45" x 4 yards

#### **Annex: IFAK**

##### *Examples of IFAK kits:*

- ❖ <https://gearbags.com/shop/stocked-kits/tactical-trauma-kits/lxpb35-skw/>
- ❖ <https://www.narescue.com/all-products/medical-kits/uscg-ifak.html>
- ❖ <https://www.narescue.com/all-products/medical-kits/k9-mini-medic-kit.html>
- ❖ <https://www.rescue-essentials.com/5-11-ucr-ifak/>
- ❖ <https://www.narescue.com/individual-patrol-officer-kit.html>

##### *Components for IFAK kits:*

- ❖ <https://www.narescue.com/combat-application-tourniquet-c-a-t.html>
- ❖ <https://www.narescue.com/combat-gauze-z-fold-hemostatic.html>
- ❖ <https://www.narescue.com/combat-gauze-le.html>
- ❖ <https://www.rescue-essentials.com/chito-sam-100-3-x-6-z-fold-hemostatic/>
- ❖ <https://www.rescue-essentials.com/celox-rapid-ribbon/>

Updated: March 6, 2022