Helping Babies Breathe (HBB) is an evidence-based educational program to teach neonatal resuscitation techniques in resource-limited areas. The goal of HBB is to have at least one person who is skilled in neonatal resuscitation at the birth of every baby.

Global Development Alliance

Helping Babies Breathe is being implemented through a Global Development Alliance (GDA) between the American Academy of Pediatrics; the U.S. Agency for International Development (USAID); Laerdal Medical, a manufacturer and distributor of resuscitation devices which will increase access to high-quality, affordable resuscitation kits; the National Institute of Child and Human Development, a USG agency which will lead the evaluation of the alliance in selected countries; and Save the Children, which provides global technical expertise through its Saving Newborn Lives program and will represent civil society. Project C.U.R.E. is a Master Trainer for HBB around the world.

The WHO estimates that one million babies die annually from birth asphyxia.

The Golden Minute

A key concept of HBB is The Golden Minute. Within the first minute of birth a baby should be breathing well or ventilated with a bag, and The Golden Minute outlines the steps that a birth attendant must take immediately after birth to evaluate the baby and stimulate breathing.

One Part of Newborn Care

The HBB curriculum is designed for use as part of a coordinated educational approach to early neonatal care and can be effectively combined with other curricula. The curriculum can be locally taught to birth attendants in diverse venues and locations. HBB focuses on practices that all persons who care for newborns can learn in order to care for healthy babies as well as assist babies who do not breathe on their own.
Project C.U.R.E., as an implementing partner with HBB, facilitates training around the world as a result of a grant from Ronald McDonald House Charities.

For more information about Helping Babies Breathe please visit www.helpingbabiesbreathe.org.